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intRAtrain Safety Essentials Training

intRAtrain Safety Essentials Course library contains content made for Agriculture, Food, and supporting industries. Courses are designed with the industry in mind well also include specific targeted features designed to meet the needs of today's adult learners.

All of the intRAtrain Ag Safety catalog courses are customizable and be used in both online individual training as well as group training. Courses can be hosted on an LMS, hosting site, or website, depending on the organization's needs.

The attention span of adult learners has shifted. With the ability to access information at almost all times and their fingertips, online training fills learner's desire to have access to the information they want when they have time. Most adult learners prefer the ability to take several small courses vs one long course.

With shorter courses, companies also can customize the training experience. Shorter courses increase the value of the courses the learners DO take. Having shorter courses also allows organizations to spread the training out over several months or a year.

intRAtrain Safety Essential courses are divided into two general segments.

- 1. Core/ Essential Safety
- 2. Ag. Specific Hazard and Issues

Each segment of courses includes awareness level safety training designed for employee training, refreshers, and pre-toolbox talk sessions.

Essential Safety

Back Safety Awareness (2 Parts)

Back Safety Awareness, Part 1: Introduction and Effects:

This module explores the effects of chronic back pain on physical and mental health, as well as the economic impact both on individuals and on employers. It explains the structure of the back and spine, how back injuries commonly occur, and some of the symptoms and treatments of back injuries.

Back Safety Awareness, Part 2: Warmups, Stretching, and Proper Lifting:

This module presents a variety of warmup and stretching exercises to prepare one for lifting or carrying a heavy object. It explains proper lifting technique, including preparing for the lift and positioning the body safely. Finally, it discusses some ergonomic and engineering approaches to reducing the need for lifts.

Bloodborne Pathogens

Bloodborne Pathogens introduces learners to the viruses/diseases that can be spread through bloodborne pathogens. Topics include bloodborne pathogens, exposure incidents, routes of entry into, transmission and prevention, and exposure incident response.





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Confined Space

This confined space module will cover an overview of confined spaces, hazards caused by confined space, types of confined spaces, where permits are required, and worker responsibilities during confined space work.

Driver Safety: General (4 Parts)

<u>Distracted Driving</u>: Safe driving demands our attention. Distracted driving is one of the most prevalent problems on the road. Distracted drivers are four times as likely to get into injury-producing crashes. Eighty percent of all crashes and 65% of near-crashes involve some type of distraction. Safe driving demands our attention.

<u>Personal Factors:</u> Personal factors include all of the attitudes, feelings, and emotions we all have throughout the day. In addition to improving your work performance and safety, positive attitudes can benefit your overall health. Conversely, negative attitudes can be a risk factor for accidents.

<u>Extreme Weather Conditions:</u> Extreme Weather Conditions, Winter Weather, and Driving in Rain are the key segments of this module.

<u>Driver Fatigue:</u> Fatigued driving, or drowsy driving, occurs when a person is driving a vehicle while feeling tired, sleepy, or less than fully alert. Fatigued driving is often compared to driving while under the influence of alcohol because the effect on the body and performance can be similar.

Fall Protection

During this fall protection module, learners will focus on the identification of potential fall hazards, types of fall protection systems, and their proper use, care, and maintenance.

Hazard Communication and GHS

Learners taking the Hazard Communications training will understand the types of hazards, how to read SDS and labels, the different classes or types of chemical hazards, hazard rating systems, general safety precautions, PPE, and an overview of how chemicals can enter the body as well as the impact of GHS.

Hot Work

Hot work is defined as any type of job that creates a source of heat. This includes open flames, sparks, or any other way a fire could ignite.

Lockout / Tag Out

Lockout/Tagout will cover what lockout/tagout is, sources of energy, types of locks and tags, as well who is responsible for placing and removing tags and locks and their responsibilities.

Personal Protective Equipment (PPE)

Personal Protective Equipment introduces learners to the basics of PPE as well as hearing protection, eye protection, gloves, footwear, respiratory, head protection, and other PPE that may be used.

Slips, Trips, and Falls

Slips, Trips, and Falls reviews some common causes of slips, trips, and falls and the methods that can be employed to avoid injuries resulting from falls. This training will assist users in identifying, avoiding, and correcting issues associated with slips, trips, and falls.



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Ag. Specific Safety Issues

Anhydrous Ammonia

Training module covers the safe handling, transportation, storage, and disposal of this important but potentially hazardous chemical.

Driver Safety-Agricultural Topics

Many factors can impact the risk of a motor vehicle crash. Each section of the Driver Safety modules reviews the risk associated with different factors and presents some techniques to overcome these risks.

<u>Ag Retail and Farm Supply Truck Travel</u>: This module covers the safe operation of trucks on public roads as well as safe operation on gravel and unpaved roads such as those often found in rural areas and on farms

<u>Application Vehicle Travel:</u> Farm application vehicles must often travel on public roads. These vehicles are larger and slower than other vehicles. This module covers the safe operation of these vehicles on public roads.

<u>Fleet Safety:</u> This module will focus on preparing and ensuring the vehicle safe for operation. This includes pre-trip checks, walkarounds, hooking up trailers, and other inspections your organization requires.

<u>Load Safety:</u> This module will discuss some of the issues related to loading and unloading, including ensuring a balanced load, safe equipment operation, and driving with a full load.

<u>On-Farm Safety:</u> Module will focus on issues related to the delivery/pickup of products on a farm. Topics include overhead lines, struck by, and safe maneuvering.

Grain and Handlers Safety

Many training series can be used for all grain employees and grain handlers. Topics can be used as part of an essential training catalog as situations impact many employee types.

<u>Engulfment/Entrapment: Module</u> objective is to ensure learners can correctly choose all the necessary steps to safely enter a grain storage bin.

<u>Fall Hazards Scenario:</u> Training objective is to identify all potential hazards that could lead to a slip, trip, or fall when working in or near grain storage.

<u>Electrical Hazards Scenario</u>: Objective is to ensure workers can identify and address potential electrical hazards in grain storage and handling.

<u>Entanglement Scenarios</u>: This module covers topics designed to ensure workers can identify potential grain handling entanglement hazards and determine if they are properly guarded or controlled. Also, that workers understand steps, they can take individually to protect themselves.

<u>Struck by Scenarios</u>: Training is designed to help workers identify and avoid "struck by" hazards such as moving vehicles and falling objects.

<u>Dust Explosion Scenarios</u>: Module objective is to ensure learners understand the factors that contribute to dust explosions and can recognize and implement steps to mitigate risks

